

DEVELOPMENTAL MILESTONES

Date _____

Child's Name _____ Sex M F DOB _____ Age _____

Please indicate the most complex skill that your child can perform in each section

In each section, the tasks are arranged in order of increasing developmental age.

Gross Motor Skills

- able to hold head up from the table momentarily
- head and shoulder can be supported by the forearms
- infant can be pulled up into a sitting position by the hands
- sits unsupported in the upright position
- head and shoulders can be supported by the arms
- rolls from prone to supine position
- crawls
- stands holding onto furniture
- walks with someone holding onto one hand
- walks unassisted
- runs
- negotiates stairs placing 2 feet on each step
- climbs stairs using one foot on each step
- walks down stairs with one foot on each step
- hops on one foot

Social skills

- smiles
- reaches for familiar objects
- plays with hands
- plays with feet
- clearly shows joy and pleasure
- feeds self with fingers
- plays peek-a-boo
- understands yes and no

Fine motor skills

- Primitive grasp reflex present
- holds and shakes a rattle placed in the hand
- grasps objects independently
- moves an object from one hand to the other
- self-feeding, can hold and eat a cookie
- checks objects by placing them in the mouth
- picks up object with thumb and index finger
- turns 2 to 3 pages of a book at a time
- turns pages of a book one at a time
- builds a tower containing at least 5 blocks
- builds a tower containing at least 10 blocks

Communication skills

- makes cooing sounds
- laughs
- uses one syllable words such as "da"
- uses 2 syllable words such as "dada"
- uses 2 to 3 word vocabulary
- uses 2 to 3 word phrases

Adaptive Skills

- feeds from a cup unassisted
- holds own bottle
- feeds self with utensils
- able to identify and match some colors
- copies a circle
- copies a cross